

**WHAT IS CLAIMED IS:**

1. A golf teaching aid comprising:
  2. a first golf glove having a first attachment feature on a first glove surface area;
  3. and
  4. a second golf glove having a second attachment feature on a second glove surface area, wherein said first attachment feature couples to said second attachment feature when said second hand inserted in said second golf glove overlays said first hand inserted in said first golf glove while gripping a golf club.

- 1       2. A golf teaching aid comprising:
  - 2           a first golf glove having a first attachment feature on a glove surface area above a top of a thumb of a first hand inserted into said first golf glove; and
  - 3           a second golf glove having a second attachment feature on a glove surface area above the palm surface of a second hand inserted into said second golf glove, wherein said first attachment feature couples to said second attachment feature when said second hand inserted in said second golf glove overlays said first hand inserted in said first golf glove while gripping a golf club.
- 1       3. The golf teaching aid of claim 2, wherein said first golf glove has a first location feature on a glove surface area above a palm surface of said first hand inserted into said first golf glove, said first location feature for locating a shaft of said golf club to said palm surface of said first hand when said golfer grips said golf club.
- 1       4. The golf teaching aid of claim 3, wherein said first golf glove has a third attachment feature on a glove surface area above and adjacent to a top surface of an index finger of said first hand when inserted into said first golf glove.
- 1       5. The golf teaching aid of claim 4, wherein said second golf glove has a fourth attachment feature on a glove surface area above and adjacent to a palm surface of a little finger of said second hand inserted into said second golf glove.
- 1       6. The golf teaching aid of claim 5, wherein said third attachment feature couples to and is retained by said fourth attachment feature when said little finger overlays said index finger as said second hand inserted in said second golf glove overlays said first hand inserted in said first golf glove while gripping a golf club.

1       7. The golf teaching aid of claim 2, wherein said first and second attachment  
2 features are mating elements selected from a group consisting of a hook and loop  
3 attachment system, a magnetic attachment system, or a selective, separable adhesive  
4 based attachment system.

1       8. The golf teaching aid of claim 5, wherein said third and fourth attachment  
2 features are mating elements selected from a group consisting of a hook and loop  
3 attachment system, a magnetic attachment system, or a selective, separable adhesive  
4 based attachment system.

1       9. The golf teaching aid of claim 3 further comprising a golf club with a  
2 modified golf grip having a fifth attachment feature for selectively coupling to said  
3 first location feature to align said first hand inserted in said first golf glove when  
4 gripping said modified golf grip.

1       10. A method of teaching a golfer how to attain and maintain a correct golf grip  
2       on a golf club comprising the steps of:

3              inserting said golfer's first hand into a first golf glove having a first attachment  
4       feature on a first glove surface area;

5              inserting said golfer's second hand into a second golf glove having a second  
6       attachment feature on a second glove surface area;

7              placing said first hand inserted in said first golf glove in a desired position on  
8       a grip of a golf club and gripping said golf club; and

9              placing said second hand inserted in said second golf glove over said first  
10      hand inserted in said first golf glove such that said first attachment feature couples to  
11      said second attachment while gripping said golf club.

1       11. The method of claim 10 further comprising the step of swinging said golf club  
2       while keeping said first and second attachment features in contact.

1       12. The method of claim 11 further comprising the step of contacting a golf ball  
2       with a surface of the head of said golf club during said swinging step.

1       13. A method of teaching a golfer how to attain and maintain a correct golf grip  
2       on a golf club comprising:

3              inserting said golfer's first hand into a first golf glove having a first attachment  
4       feature on a glove surface area above a top of a thumb of said first hand inserted in  
5       said first golf glove;

6              inserting said golfer's second hand into a second golf glove having a second  
7       attachment feature on a glove surface area above a palm surface of said second hand  
8       inserted in said second golf glove;

9              placing said first hand inserted in said first golf glove in a desired position on  
10      a grip of a golf club and gripping said golf club; and

11             placing said second hand inserted in said second golf glove over said first  
12      hand inserted in said first golf glove such that said first attachment feature couples to  
13      said second attachment while gripping said golf club.

1       14. The method of claim 13, wherein said desired position of said shaft is  
2       determined by a first location feature on a glove surface area above a palm surface of  
3       said first hand inserted into said first golf glove.

1       15. The method of claim 14, wherein said first golf glove has a third attachment  
2       feature on a glove surface area above and adjacent to a top surface of an index finger  
3       of said first hand inserted into said first golf glove.

1       16. The method of claim 15, wherein said second golf glove has a fourth  
2       attachment feature on a glove surface area above and adjacent to a palm surface of a  
3       little finger of said second hand inserted into said second golf glove.

- 1        17. The method of claim 16 further comprising the step of coupling said third  
2 attachment feature to said fourth attachment feature when said little finger overlays  
3 said index finger as said second hand inserted in said second golf glove overlays said  
4 first hand inserted in said first golf glove while gripping a golf club.
- 1        18. The method of claim 13, wherein said first and second attachment features are  
2 mating elements selected from a group consisting of a hook and loop attachment  
3 system, a magnetic attachment system, or a selective, separable adhesive based  
4 attachment system.
- 1        19. The method of claim 16, wherein said third and fourth attachment features are  
2 mating elements selected from a group consisting of a hook and loop attachment  
3 system, a magnetic attachment system, or a selective, separable adhesive based  
4 attachment system.
- 1        20. The method of claim 13 further comprising the step of swinging said golf club  
2 while keeping said first and second attachment features in contact
- 1        21. The method of claim 17 further comprising the step of swinging said golf club  
2 while keeping said first and second attachment features coupled, said third and fourth  
3 attachment features coupled, and said first location feature coupled to a fifth  
4 attachment feature on a grip of said golf club.
- 1        22. The method of claim 21 further comprising the step of contacting a golf ball  
2 with a surface of the head of said golf club during said swinging step.